

A SPIRITUAL BOUQUET

Spiritual Bouquets are prayers or devotional acts that someone (the giver) has or will offer for someone else (the recipient). It can be given from an individual or group to an individual or group to express joy, sorrow, or best wishes, often in commemoration of a special occasion. The recipient is given a card or something similar indicating who the giver is and what the spiritual bouquet consists of. This can be attending Mass, saying a rosary or other prayers, spending time in Adoration offering it for this person. It should include the sender's name and the number of times each offering was or will be done.

Can you imagine the smile on someone's face when they receive this bouquet?! Ideas include a sick relative or friend, someone in a nursing home, to a grandparent for Christmas or a birthday gift, or for one who has had a relative pass away.

Examples of spiritual bouquet cards and 'flowers':

