

# STUDY GUIDE FOR CONFIRMATION DOCTRINE REVIEW

(Cover the answers with a blank paper to quiz yourself.)

## Questions for TERMS test

## Answers

1. What are the names of the four *Gospels*?  
1. **Matthew, Mark, Luke, John**
2. What doctrine states that there are 3 Persons in one God?  
(Father, Son, and Holy Spirit)  
2. **Holy Trinity**
3. What do we call followers of Jesus?  
3. **Disciples**
4. What is the act committed by our first parents, which left all human beings weakened, with a tendency to sin?  
4. **Original sin**
5. What is God's life in us called?  
5. **Grace**
6. What is God's gift of forgiveness and eternal life in heaven, which was accomplished through the supreme loving act of Christ's suffering, death, resurrection, and ascension?  
6. **Salvation**
7. The lists of guidelines God has given us to help us make moral decisions are called . . . ?  
7. **Commandments and Beatitudes**
8. What do we call the official public worship of the Church, where Jesus' sacrifice on Calvary is re-presented in an unbloody way and his Body, Blood, Soul and Divinity are offered to us in Holy Communion as food for our soul?  
8. **The Mass**
9. Baptism, Confirmation, and Eucharist are called . . . ?  
9. **Sacraments of Initiation**
10. A gift from God that helps us understand the difference between good and bad and helps us choose good.  
10. **Conscience**
11. Seven principle ways we receive grace from God, through His Church, when we are initiated into the Body of Christ, when we are forgiven and healed, and when we are called to the vocations of marriage or the priesthood.  
11. **Sacraments**
12. When the Pope is teaching on matters of faith or morals, and when the College of Bishops are speaking in union with the Pope, they possess a special gift that prevents them from error, because they have been inspired by the Holy Spirit to continue the leadership of the Apostles. For this reason, the doctrine they teach, is to be believed by all the faithful. What do we call this gift?  
12. **Infallibility**
13. Where are the consecrated hosts remaining after Communion kept?  
13. **Tabernacle**
14. What do we call the believers on earth, those in purgatory, and those in heaven?  
14. **Communion of Saints**

## Questions for SACRAMENTS test

- |   |                                      |
|---|--------------------------------------|
| 15. What were the two sacraments that were instituted at the Last Supper?   | 15. <b>Eucharist and Holy Orders</b> |
| 16. What is the first sacrament we celebrate, which makes us children of God, members of the Body of Christ, the Church, and takes away original sin.             | 16. <b>Baptism</b>                   |
| 17. What is the sacrament that celebrates God's forgiveness, which was evidenced by Christ's mercy and love toward sinners.                                       | 17. <b>Reconciliation</b>            |
| 18. What is the sacrament of Jesus' presence under the form of bread and wine.  | 18. <b>Holy Eucharist</b>            |
| 19. What is the sacrament of initiation which Christ Himself promised to leave us, that seals and completes Baptism and bestows an outpouring of the Holy Spirit? | 19. <b>Confirmation</b>              |
| 20. What is the sacrament that shows us human love as the sign of God's love, by joining a man and a woman in Marriage?   | 20. <b>Matrimony</b>                 |
| 21. What is the sacrament by which men are ordained to serve God and the Church as deacons, priests, or bishops?  | 21. <b>Holy Orders</b>               |
| 22. What is the sacrament instituted by Christ to offer God's healing grace to the sick?  | 22. <b>Anointing of the Sick</b>     |

## Questions for LITURGICAL YEAR test

- |   |                          |
|---|--------------------------|
| 23. On which day was the Holy Spirit poured out on the apostles and disciples, in fulfillment of Christ's promise? (50 days after Easter) | 23. <b>Pentecost</b>     |
| 24. What is the first day of Lent?  | 24. <b>Ash Wednesday</b> |
| 25. What day did Jesus remain in the tomb after His death on the cross?   | 25. <b>Holy Saturday</b> |
| 26. What day in Holy Week commemorates Jesus' celebration of the Last Supper with His 12 Apostles?  | 26. <b>Holy Thursday</b> |
| 27. What day did Jesus die on the cross?  | 27. <b>Good Friday</b>   |
| 28. When is the feast of the resurrection of Jesus Christ?  | 28. <b>Easter</b>        |
| 29. What do we call the forty-day season of preparation for Easter?   | 29. <b>Lent</b>          |
| 30. What is the Holy Day that celebrates the birth of Jesus?  | 30. <b>Christmas</b>     |
| 31. What is the four-week season of preparation for Christmas called?   | 31. <b>Advent</b>        |

## Prayers and doctrine:

### OUR FATHER (verbal test - recite from memory)

Our Father, who art in heaven, hallowed be Thy name. Thy kingdom come, Thy will be done on earth as it is in heaven. Give us this day our daily bread and forgive us our trespasses as we forgive those who trespass against us, and lead us not into temptation but deliver us from evil.

### HAIL MARY (verbal test - recite from memory)

Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners now and at the hour of our death. Amen

### GLORY BE (verbal test - recite from memory)

Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen

### THE APOSTLES' CREED

I believe in God, the Father almighty,  
Creator of heaven and earth,  
and in Jesus Christ, his only Son, our Lord,  
who was conceived by the Holy Spirit, born of the Virgin Mary,  
suffered under Pontius Pilate, was crucified, died and was buried;  
he descended into hell; on the third day he rose again from the dead;  
he ascended into heaven, and is seated at the right hand of God the Father almighty;  
from there he will come to judge the living and the dead.  
I believe in the Holy Spirit, the holy catholic Church,  
the communion of saints, the forgiveness of sins,  
the resurrection of the body, and life everlasting.  
Amen.

### PRAYER TO ST. MICHAEL THE ARCHANGEL

St. Michael the Archangel, defend us in battle; be our protection against the wickedness and snares of the devil. May God rebuke him, we humbly pray; and do thou O Prince of the heavenly host, by the power of God, thrust into hell Satan and all other evil spirits, who wander through the world, seeking the ruin of souls. Amen

### PRAYER TO THE HOLY SPIRIT

Come Holy Spirit, fill the hearts of Your faithful and kindle in them the fire of Your love.  
Send forth Your Spirit and they shall be created, and You will renew the face of the earth.

### HAIL, HOLY QUEEN

Hail, Holy Queen, mother of mercy, our life, our sweetness and our hope. To you we cry, poor banished children of Eve; to you we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious advocate, your eyes of mercy toward us; and after this, our exile, show unto us the blessed fruit of your womb, Jesus.  
O clement, O loving, O sweet Virgin Mary. Pray for us, O holy Mother of God, that we may be worthy of the promises of Christ. Amen

## ACT OF CONTRITION

My God, I am sorry for my sins with all my heart.  
In choosing to do wrong and failing to do good,  
I have sinned against You whom I should love above all things.  
I firmly intend, with Your help, to do penance,  
to sin no more, and to avoid whatever leads me to sin.  
Our Savior, Jesus Christ, suffered and died for us. In His name, my God, have mercy.

## TEN COMMANDMENTS (Learn them in order – it's easier to remember them that way.)

(See also the Examination of Conscience in the blue pages of this handbook for examples.)

The first three are about loving God.

1. I am the Lord, your God, you shall have no strange gods before me.
2. You shall not take the name of the Lord your God in vain.
3. Remember to keep holy the Lord's Day.

The last seven are about loving our Neighbor.

4. Honor your father and your mother.
5. You shall not kill.
6. You shall not commit adultery.
7. You shall not steal.
8. You shall not bear false witness against your neighbor.
9. You shall not covet your neighbor's wife.
10. You shall not covet your neighbor's goods.

## TWO GREAT COMMANDMENTS (as given to us by Jesus and found in Matthew 22:36-40)

1. You shall love the Lord, your God, with all your heart, with all your soul, and with all your mind.
2. You shall love your neighbor as yourself.

## PRECEPTS OF THE CHURCH

1. Participate in Mass on Sundays and holy days of obligation, and avoid unnecessary work on these days.
2. Fast and abstain on the days appointed.
3. Confess your sins at least once a year.
4. Receive Holy Eucharist at least once a year at Easter time.
5. Give of your time, talents and money to support the Church.

### CORPORAL WORKS OF MERCY

Feed the Hungry  
Give Drink to the Thirsty  
Clothe the Naked  
Shelter the Homeless  
Visit the Sick  
Visit those in Prison  
Bury the Dead

### SPIRITUAL WORKS OF MERCY

Counsel the Doubtful  
Instruct the Uninformed  
Admonish the Sinner  
Comfort the Sorrowful  
Forgive Injuries  
Bear Wrongs Patiently  
Pray for the Living and the Dead

## GIFTS OF THE HOLY SPIRIT (Isaiah 11:1-2)

### 1. The Gift of WISDOM - to feel your presence beside me

The Holy Spirit helps a person make the best choices in order to live a holy life. This gift leads us to pray before making decisions and to seek guidance from people who are experienced. *A wise person has learned how to look at life from all perspectives, to see and understand the "whole picture" of a situation.*

### 2. The Gift of UNDERSTANDING - to follow God's way

The Holy Spirit helps a person uncover the deeper meaning of the mystery of God's creation and our faith. This gift leads us to be tolerant and sympathetic of others. It helps us sense when someone is hurting or in need of compassion. *Understanding is the ability to see from another person's "heart" to feel the feelings of others and to put these before your own. Problems are only opportunities with thorns on them.*

### 3. The Gift of COUNSEL - to enlighten and guide me

The Holy Spirit helps a person make choices to live as a faithful follower of Jesus. This gift leads us to pray and ask for advice before making decisions. *Counsel is knowing when to try harder - sometimes God's answer is "Wait."* Also known as *Right Judgment*.

### 4. The Gift of FORTITUDE - to stand up and be strong

The Holy Spirit helps a person stand up for their faith; being open to suffer for the Lord. This gift helps us overcome any obstacles that would keep us from practicing our faith. *Fortitude is not being afraid of doing what is right in spite of obstacles and difficulties.* Also known as *Courage*.

### 5. The Gift of KNOWLEDGE - to know right from wrong

The Holy Spirit helps a person to see God at work in their lives. This gift helps us to know and choose the right path that will lead us to God. *"Letting go and letting God". Knowledge is focusing on what really counts and keeping our priorities straight.*

### 6. The Gift of PIETY - to worship and pray

The Holy Spirit helps a person to respect God and the dignity of others. This gift inspires us to joyfully want to serve God and others. *Piety awakens in us the mystery of God - seeing Him in simple everyday things: the sunset, clouds, the mountains.* Also known as *Reverence*.

### 7. The Gift of FEAR OF THE LORD - to always be awed by the mighty works of our God

The Holy Spirit helps a person to be filled with the wonder and awe of God's mighty power and love. This gift leads us to love and respect God so much that we do not want to offend Him by words or actions. *Respect for the Lord gives confidence and security - there's comfort in knowing there's someone bigger than we are.* Also known as *Wonder & Awe*.

When the Gifts of the Holy Spirit are nurtured, they produce the Fruit of the Holy Spirit, which are **charity, joy, peace, patience, kindness, goodness, generosity, gentleness, faithfulness, modesty, self-control, chastity.** (Galatians 5: 22-23)

(Note: you are not tested on the Fruit of the Spirit, they are just good to know!)