

Christmas Changes Everything by Josh Wilson

O Holy night, starry sky  
We were dead until tonight  
Christmas changes everything  
Long lay the world inside our sin  
He has come here to forgive  
Christmas changes everything

Hallelujah, love has found us  
Hope in a manger our Savior is setting us free  
This is rescue, Christ has come to make us new  
Oh Christmas changes everything

Now God has met us where we are  
A thrill of hope for hopeless hearts  
His perfect love will shatter every fear  
We're coming back to life again  
And it's all because of Bethlehem  
Rejoice, oh rejoice!

Hallelujah, love has found us  
Hope in a manger our Savior is setting us free  
This is rescue, Christ has come to make us new  
Oh Christmas changes everything

We will fall on our knees  
We will fall on our knees  
We will fall on our knees  
O Holy night, holy child  
We were dead till you came to life

Hallelujah, you have found us  
Hope in a manger, oh Savior we fall on our knees  
You are rescue, you are making all things new  
Oh Christmas changes everything

**The Christmas Octave: Dec. 25—Jan. 1**

The Church takes this week to ponder & relish  
“God with us” in our loved ones.

Make each day special!

- \* Keep decorations up and candles burning at your meal times.
- \* Enjoy a mealtime treat, something you don't normally get.
- \* Have an 'after dinner tea/cocoa' to slow the pace and foster conversation.
- \* Watch a Christmas movie/read a book.
- \* Sing carols with just the tree lights on.
- \* Have a game night or camp out in the living room. Bake the cookies you didn't get to!
- \* Visit or Face-Time a relative/friend each day.

**Resources Referenced during this class:**

*Little Things* video by One Time Blind

Nightbirde, singer from America's Got Talent

*The Veil Removed* video

Eucharistic Miracles:

- Lanciano, Italy—1st recorded one in 750 AD
- Bolsena, Italy in 1263
- Buenos Aires, Argentina in 1992 & 1996
- Tixtla, Mexico in 2006
- Sokolka, Poland, 2008

Marian Apparitions:

- ♦ Juan Diego's Tilma, 1531 - Our Lady of Guadalupe
- ♦ Healing water at Lourdes, France, 1858 and St Bernadette's incorrupt body
- ♦ Dancing Sun-Our Lady of Fatima, 1917
- ♦ Tears/blood from statue, Our Lady of Akita, Japan, 1973



## What does one do in Adoration?!

Pray (talk with God) about anything. Pay attention to what you are feeling/experiencing, name those things and tell Jesus. Some simple steps to help you are below. And don't be afraid to just be silent and rest. Ponder, as Mary did.

<b>A</b>	<p><b>ACKNOWLEDGE:</b> What are you feeling—thinking—desiring? Name those things.</p> <p>Happy, sad, loved, bored, tired, excited, etc. B. I want to feel..., I want to be..., I want to know...</p>
<b>R</b>	<p><b>RELATE:</b> Recall the thoughts and desires that you have named and now say them to God.</p> <p>A. God desires to hear you and wants you to tell Him what you want.</p> <p>B. You can trust God. Say everything. You do not need to hide things from Him. You are free to be you.</p>
<b>R</b>	<p><b>RECEIVE:</b> God always hears you. He never ignores you or forgets your prayers. He always gives an answer in His own way.....Yes, No, Maybe, Not now, keep praying.</p> <p>Silence is needed here. Pause, breathe, and rest from talking. Let God speak. You may not hear anything and that's ok, just sit with God and let Him love you.</p>
<b>R</b>	<p><b>RESPOND:</b> Now that you had a bit of silence, move the way your heart leads you. If you are confused, say that to God. If you are content or frustrated, say that to God. Name what is going on with you.</p> <p>Jesus, I trust in you. He is teaching you something, even if it doesn't feel like it.</p>

When you have longer time in Adoration, you can also read, using the steps above to talk with God about what you are reading. Others like to pray the rosary or other longer prayers.