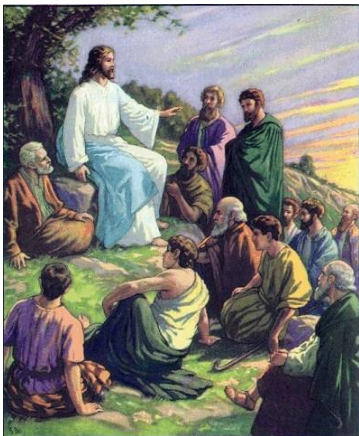


# BEATITUDES PROJECT

Be sure to write in complete sentences, give details in your examples and put your name on your completed paper.

- Read the Beatitudes and their associated Scripture References on the next page
- Choose ONE of the Beatitudes
- Using the same format as school papers, type or write out a one-page paper which includes the following information:
  - Write out your selected Beatitude (The beatitude I chose is...)
  - Define your chosen Beatitude in your own words
  - Write two or three sentences explaining how the Scripture Reference is related to or ties to your chosen Beatitude.  
*(Scripture References are listed in the parentheses after the Beatitude.)*
  - What real person do you know who lives out your chosen Beatitude in his/her daily life?
    - Give two or three examples of his/her actions and explain how that relates to the Beatitude.



Jesus proclaiming the  
Beatitudes at the  
Sermon on the Mount

Turn in directly to the Confirmation Office.

## **BEATITUDES** (*Matthew 5:3-10*)

**Blessed are the poor in spirit, for theirs is the kingdom of heaven.**  
(Freedom from loving ‘things’ more than God)

The poor in spirit know everything is a gift from God; they are dependent on God for their security. They strive to know God and to do His will by caring for others; they tend to pray a lot. (*Read Mark 12:41-44*)

**Blessed are they who mourn, for they will be comforted.**  
(Ability to recognize sadness and injustice and to be compassionate towards those who suffer)

Jesus felt sad when others suffered. Those who mourn are aware that something is wrong and want to relieve the suffering of others. In times of sadness and sin, we must turn to God for comfort. (*Read Luke 7:11-15*)

**Blessed are the meek, for they will inherit the land.**  
(Being strong enough to be gentle)

Meek means gentle and humble. They allow God to control their emotions, rather than allowing their anger to make them do things that they know are not right. A gentle person is careful not to cause someone else pain. Jesus was a gentle person. (*Read Matt. 18:2-4*)

**Blessed are they who hunger and thirst for righteousness, for they will be satisfied.**  
(Striving to do good and act with justice according to the example of Jesus)

Those who want their relationship with God, others, and creation to be right and want to do God’s will. They want to be part of the solution to the world’s problems. They try to live by the values Jesus taught us. (*Read Luke 4:18*)

**Blessed are the merciful, for they will be shown mercy.**  
(Unconditional forgiveness)

Jesus asked His Father to forgive His executioners. Jesus forgave Peter, His trusted friend, for denying Him. Jesus forgives us. He is the friend of sinners, outcasts, and the poor. Merciful people act with kindness where others might seek revenge. (*Read Luke 22:56-62 and John 21:15-17*)

**Blessed are the pure of heart, for they will see God.**  
(Love for God and desiring to do His will above all things)

They see another person first as a beloved child of God and how holy and beautiful all of God’s creations are. Being clean of heart means having God as the center of your life. All your thoughts, words, and actions flow from God. (*Read Mark 14:36*)

**Blessed are the peacemakers, for they will be called children of God.**  
(Using right judgment to resolve conflict in a peaceful way)

Jesus made peace between God and us. To be a peacemaker, you are willing to get involved to help stop the ‘war’. Then we must actively pursue that peace with our friends, family, and our community. (*Read John 20:19-21*)

**Blessed are they who are persecuted for the sake of righteousness, for theirs is the kingdom of heaven.**  
(Courage to suffer for Jesus)

If you live the Gospel seriously, you will be persecuted. People will hurt you by their words and actions. Because Jesus lived and spoke the truth, He was crucified. As His disciples, we are called to take up our cross daily. We can do it with joy when we have a personal love for Jesus. (*Read John 10:22-39*)