

Name _____

Prime Time Survey

Read the two articles in the Orange Section of this workbook- 5 Facts about the Media and 10 Christian Values for Evaluating Media and Culture- before completing this worksheet.

Directions: **A.** Choose a TV program or video to watch in order to analyze its content in relation to Christian virtues. Read points B. & C. below and the two articles mentioned above (found in this binder's orange section) *before* you watch the program.

B. What we take in through our eyes shapes the focus of our hearts and our actions. Blocking unhealthy images and focusing on wholesome and uplifting ones can help us keep our thoughts pure and full of light. As you watch the program, pay attention to what you are seeing and checkmark below accordingly each time you see a 'good image for me to view' or 'image is unhealthy to view'.

Good Image	Unhealthy Image

Rate the program's use of images (which shape our thoughts) below. Consider, did you feed your mind more good images than unhealthy ones?

Healthy images used 1 2 3 4 5 Unhealthy images used

C. Write the name of the TV program or video you watched below. In the box, write one positive lesson of Christian living you learned. Use the questions below as a guide:

- How does the program respect marriage and family life?
- Are the characters honest with one another?
- Does the program reflect respect for the human body and God's gift of sexuality?
- Do the characters use vulgar language, gossip, or sexual innuendoes?
- Do the characters refrain from improper use of alcohol and other drugs?
- Do the characters take proper advantage of their talents and gifts at work and school?
- Are conflicts resolved peacefully on the program?
- Does the program support Christian social values such as respect for the poor, peace and justice, respect for minorities, etc.?

Name of Program or Video:

Positive Lesson:

Name _____

CHRISTIAN VIRTUES AND COMMERCIALS

The cardinal virtues are four virtues that help to guide our lives with faith and reason. Cardinal is a word that means "hinge". All the other virtues hinge on these four:

- ◆ **Prudence** is the virtue that helps us to make good decisions in every circumstance. Prudence helps us to recognize the truth. Another name for prudence is "common sense."
- ◆ **Fortitude** means courage, but not in a rash or fool-hardy sense. The virtue of fortitude helps us to stand up for what is right, and even to accept suffering or ill treatment for the sake of the gospel.
- ◆ **Temperance** helps us to moderate our desires, especially our appetites for food, drink, and sex. Temperance keeps our desires within the limits of what is honorable and right.
- ◆ **Justice** is the virtue that is concerned with respecting the rights of others, with special emphasis on the rights for the poor and mistreated.

Read the two articles in the Orange Section of this workbook - 5 Facts about the Media and 10 Christian Values for Evaluating Media and Culture- before completing this worksheet.

Directions: Watch three commercials on TV. Use the following code to grade each of them on how well it encourages Christian living based on the cardinal virtues.

3 = very much; 2 = somewhat; 1 = not at all

Commercial Name	Prudence	Fortitude	Temperance	Justice