

Sacred Design

The Labyrinth is one of the oldest known contemplative spiritual practices. Labyrinths are found in many spiritual traditions and cultures throughout the world. The ancients knew the circle to be the sacred symbol of harmony, wholeness, integrity and grace. Labyrinths hold the experience and power of transformation with them.

Sacred design and geometry - Circles, centers, spirals all embody an ancient discipline called sacred geometry. There are thirty four turns on the path going in to the center, twelve concentric circle and four quadrants. The number twelve is a sacred number and is the multiple of three representing heaven and four representing earth. At the center is a six-petaled rose shaped area. The rose is a sign of Mary, the mother of Jesus. It also symbolizes beauty and love in many cultures, and like the lotus-flower, it is a symbol of enlightenment.

