

RESERVE YOUR RETREAT

You may register online (pay by credit card)
at www.joyfulagain.org or use this form.

Name _____

Address _____

City, St., Zip _____

Phone _____

Email _____

I've been widowed for _____

We were married for _____

How did you hear about Joyful Again?

Do you have any special requirements?

Check dates/locations at
www.joyfulagain.org/calendar registration
Please select your chapter

I AM REGISTERING FOR JOYFUL AGAIN! RETREAT

Dates _____

Location _____

Please call our office for current cost or visit our
website at: joyfulagain.org.



Please mail the completed form and your check to

Joyful Again!
PO Box 1365, LaGrange Park, IL 60526

ABOUT US

Joyful Again! is a peer ministry program.

Unique to our program, Joyful Again! is facilitated
by others who have lost their spouses. With a
40-year history, we have helped thousands of people
in their grief journeys.

It is designed to help widowed individuals, with God's
help, move through bereavement toward spiritual
and emotional wholeness.

The program is for individuals:

- Widowed 6+ months to many years
- All ages
- All faiths

AN INTROSPECTIVE WORKSHOP FOR WIDOWS & WIDOWERS

WHAT TO EXPECT

Unlike other support groups, Joyful Again!
includes video presentations time for private
reflection, small group sharing, journaling
and optional prayer services

Visit our website, www.joyfulagain.org, to see
what many others have experienced.

Feel free to call us with any questions about Retreat
cost and overnight expenses at **708-354-7211**.

IS THIS WHAT I NEED?

Joyful Again! is for you, if you are—

- Still asking, "Does it ever get better?"
even after attending grief support groups
- Unable to move on and build a new life
for yourself
- Struggling to resolve guilt issues



At Joyful Again! you will —


- Celebrate your loved
one's life
- Reflect on the impact
your spouse's death has
made on your own life
- Share your story with
trained facilitators
who have also been
widowed

COME, JOIN US FOR A RETREAT

This weekend is especially designed to help
you recognize new direction for your life—
while treasuring memories of your loved one.

Yes, you can be Joyful Again!





"I came with the hope of putting some of my grief to rest. I see now how to open new doors...the tears I felt while journaling were healing and felt good."

"I will always miss my wife, but the guilt about being 'OK' is going away."

"I felt I was slipping backwards ... I didn't want any more changes."

"It's been four years since John died. It was wonderful to share my memories with people who understand and have walked in my shoes."

WHERE & WHEN can I find a Joyful Again! retreat?

Retreats are held throughout the year at several Chicagoland parishes, as well as other facilities.

Participants leave after Saturday's session and return on Sunday morning. Occasionally, the program is held at a facility with private overnight accommodations.

WEEKEND/WEEKDAY SCHEDULE

See a complete calendar at:

www.joyfulagain.org/retreat

Saturday/Wednesday 8:45 a.m. to 7:30 p.m.

Sunday/Thursday 8:45 a.m. to 3:15 p.m.

Please plan to stay for the entire program.

COST *(Cost of retreat is subject to change)*

Please visit our website joyfulagain.org for our Retreat costs.

The cost of the retreat can be adjusted in special circumstances. Please contact our office.



www.joyfulagain.org

708-354-7211



Help to recognize new direction for your life — while still treasuring the memories of your loved one!